

Today Jesus invites us to live in trust, in peace, in serenity because He is with us and He is preparing a place, the way through which we can reach the beatitude of Heaven.

Himself has preceded us not just in Galilee, but also into the *Celestial* Jerusalem and He tells us to **live this life entrusting his promise**. In other words: **we have to try to connect our psychological and spiritual balance to his promise**.

We are peaceful or restless in regards to things we deem to be our points of strength, certainty, satisfaction...

Therefore our mind is unstable and uncertain, due to how we measure the things which we base our happiness on can be threatened or in danger.

The Lord says to go beyond all of that and He invites us to **entrust our serenity to His promise, to His presence, to His help**.

*I am with you always* (Mat 28,20); the Lord is on our heart, He walks with us; so, *let not your hearts be troubled*.

*Even though I walk through the valley of the shadow of death, I will fear no evil*, says the psalmist. (Ps 23,4).

Dearest, we often have to face difficult and painful situations, sometimes it feels like being in an impenetrable darkness, sometimes it feels as if we don't have any reply...

Well, the Lord tells us: ***"let not your hearts be troubled. Believe in God; believe also in me."***

Today, then, we want to renew this faith in God and in Jesus:

Lord, we trust You, we want to trust You, we want to entrust ourselves to You, we want to walk through life solely trusting in your word.

Lord, helps us with the grace of the Holy Spirit to persevere in this determination and to realize in us, in our life, this faith, this hope!

Thank you Lord Jesus.

Let Jesus Christ be praised.