

# *Why are you terrified, O you of little faith?*

Homily, 2<sup>nd</sup> July, 2019

Mt 8,23-27

p. G. Paparone o.p.

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*He got into a boat and his disciples followed him. Suddenly a violent storm came up on the sea, so that the boat was being swamped by waves; but he was asleep. They came and woke him, saying, «Lord, save us! We are perishing!». He said to them, «Why are you terrified, O you of little faith?». Then he got up, rebuked the winds and the sea, and there was great calm. The men were amazed and said, «What sort of man is this, whom even the winds and the sea obey?».*

How many times have we listened to this piece? Despite the numerous times and the number of meditations and prayers, here we are, still fearing for our future, [full of] doubts, uncertainties and worries.

I think that it is natural for us to waver during the trip of our life, because what we are only able to see is the material and sensible part of it, despite our sound faith. The invisible part can be spiritually perceived only through the faith.

There might be margins of uncertainty, and there should be, but this should be temporary, because **the faith must act as yeast, as a force; it must progressively take root in our being so that we can, with our intelligence fully purified by the faith, walk through the billows of life without fear at last.**

Jesus' aim is exactly this one: bring us to walk without fear, without doubts.

Let's think of how beautiful the moment when we will no longer be afraid of anything: this is what the Lord wishes to give to all of us through the troubles of life.

The Apostles also had to go through these situations in order to achieve the perfection of their faith.

The Lord sometimes has brought them, as we read in the Gospel, in the sea storm; and sometimes he has been patient with them, when they were shaken at the foot of the cross, and escaped.

But, afterwards, they came back, they have always been able to retrace their steps to re-affirm their faith in Jesus.

**We too then, don't be afraid of our fear!**

Let's look at it very well, let's look in its eyes and let's tell it: The Lord defeated you, our faith can beat you, it can send you away from our heart so that we can walk safe on water together with Jesus.

Bless to you Lord Jesus Christ.